

## Risk assessment

Company name: Field Lane FC

Assessment carried out by: Lee Farthing (Club Secretary)

Date of next review: Ongoing following government and FA advice

Date assessment was carried out: 27/3/2021

Affiliation 2020/21: Derbyshire FA W-DER2479

We are following FA guidance for the resumption of grass roots football [https://www.thefa.com/news/2020/dec/01/fa-guidance-on-return-to-grassroots-football-011220?sc\\_src=email\\_733203&sc\\_lid=46133161&sc\\_uid=vl9PGuvdC0&sc\\_lid=515980](https://www.thefa.com/news/2020/dec/01/fa-guidance-on-return-to-grassroots-football-011220?sc_src=email_733203&sc_lid=46133161&sc_uid=vl9PGuvdC0&sc_lid=515980)

Please find the link to the current NHS advice - <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/>

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Spread of Corona Virus	Coaches, Players, Parents/Guardians	<u>Hand Sanitiser</u> Hand sanitiser to be used before during and after activities.	Coaches and Players	At each session	

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		<p><b><u>Cleaning</u></b> Frequent cleaning and disinfecting of all equipment. Balls, Cones, Discs, Posts, Goals etc must be cleaned before and after training. Please take home any rubbish. <b>DO NOT</b> leave any rubbish at any venue</p> <p><b><u>Social Distancing at training</u></b> Competitive training can take place for all participants, in an outdoor setting, in all tiers. For Tier 3, contact in training must be kept to a minimum. Care should be taken on busy sites with limited access points to ensure safe play. Facilities should consider staggering start times and allowing cleaning time between change-overs.</p>	<p>Coaches</p> <p>Coaches, Players, Parents/Guardians</p> <p>Coaches, Players, Parents/Guardians</p>	<p>At each session</p> <p>At the end of every session</p> <p>At each session</p>	

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		<p>Clubs should determine the appropriate ratio of coaches to participants, following the relevant FA safeguarding policy outlined in <a href="#">safeguarding Guidance Notes 5.5</a>. In all settings before and after the session, and in any breaks, all participants should practise social distancing, in line with Government guidelines.</p> <p>Any spectators at training sessions (including parents and carers) must be restricted to discrete six-person gathering limits and spread out, in line with wider government guidance, ensuring space for officials, coaches and substitutes.</p> <p>Outdoor competitive match play is now permitted in all tiers. However, in all settings before and after matches all participants should practise social distancing. It</p>	Member of household/Coaches	At every session	

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		<p>is advised that only 1 parent should attend per child.</p> <p><b><u>First Aid</u></b>            If a participant gets injured, a member of their household can assist if present and appropriate, but others (including match officials and teammates and coaches) will still need to socially distance unless a life- or limb-threatening injury necessitates compromising guidelines to provide emergency care.            If there is a first-aider or other medical personnel present, they should be equipped with the appropriate PPE (including face coverings) to protect themselves and others if they need to compromise social-distancing guidelines to provide medical assistance.</p>	Coaches	At every session	

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		<p>After contact with an injured participant, the person who has administered first aid should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity. This advice is applicable to all situations, regardless of whether there was close contact or social distancing was maintained. The first aider should also avoid touching their mouth, eyes and nose.</p> <p><b><u>PPE</u></b> Coaches to use gloves and face coverings in the event of a first aid issue that cannot be treated by a member of the same household.</p> <p><b><u>Playing area</u></b>, e.g.: Clearly marked to support social</p>	<p>Coaches</p> <p>Coaches</p>	<p>At every session</p> <p>At every session</p>	

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		<p>distancing</p> <p><b><u>Register</u></b> Of those attending sessions (to aid NHS Test and Trace if needed) QR code for Field Lane FC and NHS Track &amp; Trace to be completed at all venues.</p> <p><b><u>Other Protocols</u></b> Do not spit at any time. Do not share drink bottles. Players to clearly label their own. Do not share any equipment.</p>	<p>Coaches, Players, Parents/Guardians</p> <p>Coaches, Players, Parents/Guardians</p>	<p>At every session</p> <p><b>BEFORE</b> every session</p>	

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		<p>Shower at home before and after training. Please do not arrive more than 10 minutes before the start time of training. Please ensure you have left the facility no later than 10 minutes after the end of training.</p> <p><b>Other Covid-19 modifications – in matches (and training where applicable)</b></p> <ul style="list-style-type: none"> <li>• Pre-match handshake should not happen. Instead players will be asked to handsanitise before kick-off;</li> <li>• Team talk huddles should not take place. Team talks can take place, as long as social distancing is observed and held outdoors where possible;</li> </ul> <p>Warm-ups/cool-downs should always observe social distancing;</p>	Everyone	At all sessions	

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		<ul style="list-style-type: none"> <li>Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchlines/dug-outs. Social-distancing must also be observed during interactions when a substitution is being made;</li> <li>Match preparation meetings by officials should be held by video call;</li> <li>Set plays – free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls;</li> <li>Set plays – corners should also be taken promptly to limit prolonged close marking</li> </ul>			



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		<p>and goal posts should be wiped down before matches , after matches and at half time.</p> <p>Goal celebrations should be avoided;</p> <p>Interactions with referees and match assistants should only happen with players</p> <p>observing social distancing;</p> <ul style="list-style-type: none"> <li>• Small-sided football should be modified to provide more regular hygiene breaks</li> </ul> <p>in activity. Players should be discouraged from touching boards at any time, with</p> <p>tackling against boards discouraged. referees should consider stopping play when</p> <p>this happens. Any indoor play must adhere to the relevant tier guidance for indoor sport.</p>			

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		<ul style="list-style-type: none"> <li>Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity.</li> <li>Other formats of the game may require specific adaptations, and participants should work with their club or facility provider to ensure these can be put in place.</li> <li>Face coverings: All participants should follow the Government guidance on face coverings. Unless you have an exemption, face coverings are mandatory for all staff in retail/hospitality outlets (e.g. a clubhouse). This also applies to users</li> </ul>			

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		<p>f the facility, except when seated at a table to eat or drink.</p> <p>Self-Health check procedure  <b><u>You must NOT ATTEND TRAINING if in the past 14 days you:</u></b> <ul style="list-style-type: none"> <li>• A high temperature (above 37.8oC)</li> <li>• A new continuous cough.</li> <li>• Shortness of breath.</li> <li>• A sore throat.</li> <li>• Loss of or change in normal sense of taste or smell.</li> <li>• Feeling generally unwell.</li> <li>• Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous 2 weeks</li> </ul> </p>	Everyone	Before the commencement of every session.	

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		<p><b><u>Further Guidance</u></b></p> <ul style="list-style-type: none"> <li>We have a nominated Covid-19 officer who will ensure a safety briefing is provided before the commencement of any session. This briefing will remind both sets of players and officials about their responsibilities in complying with the FA Code of Behaviour outlined in the FA document Guidance on re-starting outdoor competitive grassroots football – 2 December 2020 football-activity-guidance-for-restarting-outdoor-football---1-december</li> </ul>	Nominated Covid-19 Officer (Lee Farthing)		

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More information on managing risk: [www.hse.gov.uk/simple-health-safety/risk/](http://www.hse.gov.uk/simple-health-safety/risk/) Published by the Health and Safety Executive 10/19